

PREFACE

As a student I was always fascinated by Obstetrics and Gynaecology. I was very eager to see how homeopathic medicines helped in Gynaecology and Obstetrics complaints. I was very much amazed to see the beautiful results of homeopathic medicines. After my graduation I joined the teaching faculty at Smt. Chandaben Mohanbhai Patel Homeopathic Medical College, Mumbai in the year 1999. I started attending the Gynaecology and Obstetrics OPD at Shree Mumbadevi Homeopathic Hospital, it has been an overwhelming experience since then to see homeopathic medicines acting so beautifully. I wanted to share my experience with homeopathy as this will increase belief in this beautiful system of medicine.

In this book I have focused on an integrated approach in managing gynaecological disorders as it is the need of the hour. An integrated approach provides utmost benefit to the patient. In this book I have also emphasized on the diagnosis and scope of homeopathy and I have shared judicious use of supportive measures in gynaecological conditions. One must always aim at the constitutional remedy in a patient, which will bring about the ideal cure as said by our master, Dr. Samuel Hahnemann. Homeopathic therapeutics can be used as a tool in treatment of many gynaecological disorders.

The highlight of this book are the clinical tips, which I have mentioned below each homeopathic remedy. The clinical tip is purely based on my experience with the remedy and it will help one narrow down the search for the right homeopathic remedy. The clinical tip will also differentiate the remedy from other remedies, thus being helpful in prescribing the homeopathic remedy.

Hope this book serves as a guide in managing gynaecological complaints with homeopathy.