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PREFACE

This book began as a series of cartoons intended as study aids during Vicki's veterinary homeopathy training – and what better way to study than to capture the essence of a remedy in caricature. The true origins, though, date back to a childhood passion for animals, especially horses. Vicki knows the spirit of equus as only a horse-lover can, sensing from the most minute detail the disposition and mood of the horse before her. Dogs, too, have a large place in her heart and in her household, their antics portrayed in cartoon form in such a way that one "sees" the animal more clearly than before.

Many talents come together in this book, the culmination of a lifetime of learning and working: schoolteacher, veterinary assistant, journalist, writer, psychologist, counsellor, potter, painter, art teacher, homeopath - how much can someone fit into one lifetime? They all merge seamlessly in the ability to grasp what is going on with someone, be it human or animal, to depict it in images and to match that essence with a homeopathic picture. Vicki not only has the ability to draw the essence, she also paints a clear image with her words. Through her eyes, the remedies come alive and are no longer merely a list of symptoms. The sadness of Natrium muriaticum, the agitation of Arsenicum, the restlessness of lodum all take form and become easy to recognise. As she says, it is so beautiful to watch an animal "show" her a remedy picture, then continue to confirm the remedy choice with every movement it makes. It is even more beautiful to watch the results of an accurately prescribed remedy saving the lives of animals and astounding formerly unbelieving veterinarians.

This book will surely find its way into the homes of animal lovers, whether they are familiar with homeopathy or not, and into the practices of veterinary homeopaths, for even those with much experience can be inspired to see animals in a fresh way.

Deborah Collins

ACONITE



MIND	For a horse, Aconite is never far from surfacing. Being a prey ani- mal, the notion of "I am going to die" is always present to varying degrees. The Aconite horse is anxious, over-sensitive to noise and startles easily. In any situation where he feels vulnerable or out of control he becomes panic-stricken, inconsolable and extremely distressed. Subsequently he has a fear of crowds, loading into a horse truck and any situation where in his mind being exposed to a predator is a possibility. When in pain he is fearful of being touched and is likely to go into a state of panic.		
HEALTH ISSUES	For illnesses that begin very suddenly and involve inflammation, shock and fever. Aconite is indicated when the effects of a fright are excessive - staring dilated eyes, sweating and/or panic.		
GENERAL	Sudden onset – restlessness – pains unbearable - fear < dry cold wind, night		
INDICATIONS	 Anxiety Acute fright Acute infections 	 Shock Sudden fever Acute conjunctivitis 	
	 Eyes – red and photophobic Retention of urine after 	 Cough – barking, dry Acute laminitis 	
	shock	Uveitis	
	 Colic – with high anxiety 	• Panic	
	 Acute joint inflammation 	 "I am going to die" 	
	 Excessive bleeding after 		
	shock		

ANTIMONIUM CRUDUM

EASY INFATUATION 'LOVESICK'

LOVES FOOD Aggravated by over - eating

SULKY SUSPICIOUS

IRRITABLE DISCONTENTED

"Don't TOUCH me!" "Don't LOOK AT ME"

BIG SKIN REMEDY - warts, horny growths, crusty eruptions

MIND

This dog is passionate about food and his figure often reflects this greedy overindulgence. The Ant crud dog can be excessively irritable and discontented. He becomes particularly annoyed by having his eating interrupted as he considers food a very serious matter and is single-mindedly obsessed with getting it. He can be affectionate unless of course he is hungry – which is most of the time. The other side to Antimonium crudum is the tendency to fall in love easily. When in this state he may stop eating and craves affection and caring from the object of his infatuation. This can be seen in an orphaned dog who then forms a deep attachment to his owner. He may become depressed and withdrawn when separated from him/her. This dog dislikes being touched or at times even looked at.

HEALTH ISSUES

This remedy affects mainly the skin, digestive system and respiratorysystem. In the skin we see warts, horny growths, thick crusty eruptions, cracks and thick distorted nails.

GENERAL

Worse from overindulgence, cold, dampness, heat, touch and being looked at. There is lethargy and sleepiness. Better from rest. There is absence of pain in painful situations.

INDICATIONS

- Excessively irritable
- Hates being touched
- Thick white coated tongue
- Itchy, scabby pustular skin
- Warts, cracks, crusts
- Gluttony
- Gastritis, diarrhoea
- Bloat
- Thick honey-coloured scabs

- Asthma with stomach sxs
- Dry spasmodic cough
- Red-rimmed eyes
- Piles and fissures
- Dislike of hot weather
- Distorted/brittle nails
- Blepharitis
- Conjunctivitis sticky lids
- Mucous in stool

PLUMBUM METALLICUM

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Discarded / retired from high position

APATHY DEPRESSION GLOOMY

Slow responses Aversion to company

GRADUAL DEGENERATION

EMACIATION WEAKNESS PARALYSIS MUSCLE WASTING EPILEPSY ATAXIA

MIND	The Plumbum horse gives the impression that he has become dissociated from life and as his physical condition worsens his emotional apathy increases. He becomes deeply depressed and melancholic – separating himself from the herd and seeming in- creasingly unaware of his surroundings. His responses are slow and any physical exertion seems to exhaust his mind. A horse that has once been at the top of his field only to be then discarded can descend into a Plumbum state. There is another picture of Plumbum where the animal can display frantic, hysterical behav- iour – biting, striking and expressing alarm and fright with no ap- parent cause.		
HEALTH ISSUES	Plumbum has affinity with the spinal cord, nervous system, muscles, kidneys, blood and blood vessels.		
GENERAL	Worse for exertion, emotion, company, excitement, night and open air. Better for arching back, hard pressure, rest and massage.		
INDICATIONS	 Spinal injury with paralysis Convulsions -> paralysis Epilepsy Ataxia Emaciation and weakness Lead poisoning Symptoms slow and progressive Neuritis State of delirium 	 Loss of nerve function Muscle wasting Impacted colic Paralysis of throat Constipation Kidney disease Muscle cramps, twitching Anaemia Depression and apathy 	